



PROGRAM A - 14 October 2017

Under 6		Under 7		Under 8		Under 9		Under 10		Under 11		Under 12		Under 13		U14+	
GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	U14/15 GIRLS	U14+ BOYS & U16/17 Girls
08:15am				07:45am				07:30am				07:20am					
														1500m	1500m	1500m	1500m
				Discus	Discus	High Jump (S)	High Jump (S)	Shot Put	Shot Put	1500m	1500m	1500m	1500m	High Jump (F)	High Jump (F)	Javelin	Javelin
Discus	Discus	200m	200m	200m	200m			100m	100m	Long Jump	Long Jump	Javelin	Javelin			100m	100m
100m	100m	Discus	Discus	Shot Put	Shot Put	200m	200m	Long Jump	Long Jump	100m	100m	100m	100m	100m	100m	Triple Jump	Triple Jump
Long Jump	Long Jump	100m	100m	100m	100m	Turbo	Turbo	200m	200m	High Jump (F)	High Jump (F)	Shot Put	Shot Put	Long Jump	Long Jump	400m	400m
mini hurdles	mini hurdles	Shot Put	Shot Put	Long Jump	Long Jump	100m	100m	Turbo	Turbo			400m	400m	400m	400m	400m	400m
		mini hurdles	mini hurdles			Shot Put	Shot Put	400m	400m	Discus	Discus	Triple Jump	Triple Jump	Javelin	Javelin	200/300m Hurdles	200/300m Hurdles
						400m	400m			400m	400m			200m Hurdles	200m Hurdles		