

PROGRAM B																	
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Under 6	Under 7		Under 8		Under 9		Under 10		Under 11		Under 12		Under 13		MIXED	
GIRLS & BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	U14+ Girls	U14+ Boys
									0730							
0745									80m Hurdles	80m Hurdles	80m Hurdles	80m Hurdles	80m Hurdles	80m Hurdles	80/90/100m Hurdles	90/100/110m Hurdles
Vortex	300m	300m	500m	500m	Long Jump	Long Jump	60m Hurdles	60m Hurdles	Shot Put	Shot Put	Long Jump	Long Jump	Discus	Discus	High Jump (F)	High Jump (F)
Shot Put	Long Jump	Long Jump	Turbo Javelin	Turbo Javelin	60m Hurdles	60m Hurdles	High Jump (S)	High Jump (S)	800m	800m	800m	800m	800m	800m		
70m	70m	70m	60m Hurdles	60m Hurdles	800m	800m			Javelin	Javelin	Discus	Discus	Shot Put	Shot Put	800m	800m
	Vortex	Vortex	70m	70m	Discus	Discus	800m	800m	Triple Jump	Triple Jump	High Jump (F)	High Jump (F)	Triple Jump	Triple Jump	Shot Put	Shot Put
			Discus	Discus	70m	70m	70m	70m	200m	200m			200m	200m	200m	200m
							Discus	Discus			200m	200m			Long Jump	Long Jump