

2019 WINTER SERIES

CROSS COUNTRY

| Race Number | Date | Start Type | Host Centre | Venue | Program |
|---------------|------------|------------|------------------------|--|-----------------|
| 1 | 4/05/2019 | Scratch | Cockburn LAC | Manning Park - Spearwood | A |
| 2 | 18/05/2019 | Handicap | Southern Districts LAC | Piney Lakes - Winthrop | B |
| 3 | 8/06/2019 | Scratch | Melville LAC | Troy Park - Attadale | A |
| 4 | 22/06/2019 | Handicap | Dale LAC | Southern Hills Christian College - Bedforddale | B |
| 5 | 7/07/2019 | Scratch | Bunbury LAC | TBC | A |
| 6 | 20/07/2019 | Handicap | UWA LAC | Perry Lakes Reserve - Floreat | B |
| 7 | 3/08/2019 | Scratch | Hamersley LAC | Whitfords Nodes Park - Hillarys | A |
| Championships | 17/08/2019 | Scratch | Belmont LAC | Garvey Park - Ascot | Special Program |

Athletes must compete in a minimum of 4 events to be eligible for the Championships

ROAD WALKING

| Race Number | Date | Start Type | Host Centre | Venue | Program |
|---------------|------------|------------|-----------------------------|---|-----------------|
| 1 | 11/05/2019 | Scratch | Gosnells LAC | Maddington Central - Maddington | A |
| 2 | 25/05/2019 | Handicap | WA Athletics Officials Club | Perry Lakes Reserve - Floreat | B |
| 3 | 15/06/2019 | Scratch | Belmont LAC | Maida Vale Primary School - Maida Vale | A |
| 4 | 29/06/2019 | Handicap | WA Athletics Officials Club | Perry Lakes Reserve - Floreat | B |
| 5 | 13/07/2019 | Scratch | Kingsway LAC | TBC | A |
| 6 | 27/07/2019 | Handicap | WA Athletics Officials Club | Perry Lakes Reserve - Floreat | B |
| 7 | 10/08/2019 | Scratch | Rockingham LAC | Carpark behind Mike Barnett Basketball Stadium - Rockingham | A |
| Championships | 24/08/2019 | Scratch | Cockburn LAC | Adventure World Car Park - Bibra Lake | Special Program |

Athletes must compete in a minimum of 4 events to be eligible for the Championships

